



**HELLENIC
CARDIOLOGICAL
SOCIETY**



**TURKISH
SOCIETY OF
CARDIOLOGY**

1st Hellenic Turkish Congress

Cardiology Perspectives 2011

**Izmir, Turkey
September 23-26, 2011
Izmir Kaya Hotel & Convention Center**

SCIENTIFIC PROGRAM

CONTENTS

INVITATIONS.....	04
SCIENTIFIC PROGRAM	06
HELLENIC FACULTY.....	11
TURKISH FACULTY.....	14
GENERAL INFORMATION.....	19

INVITATION



**HELLENIC
CARDIOLOGICAL
SOCIETY**

Dear Colleagues,

It is with great pleasure that the Hellenic Cardiological Society (H.C.S.), founded in Athens, Greece, in 1948, joins forces with the Turkish Society of Cardiology (T.S.C.) in the organization of an important scientific event, to be held on an annual basis.

The fruit of this effort for the year 2011 is the Congress "Cardiology Perspectives 2011", which takes place on September 23 – 26, 2011, in Izmir, Turkey.

Within the framework of their activity for delivery and dissemination of scientific knowledge, the Hellenic and Turkish Societies share the same views for amelioration of the quality of Cardiology, both nationally and internationally. As a consequence, they have undertaken the mission to constantly motivate medical doctors specialized in all fields of Cardiology, supporting medical practitioners and, generally, all relative health professionals in every action for continuation of their own education.

In this light, and just a few days before the World Heart Day 2011 (September 29), the forthcoming Congress constitutes a first class opportunity for both Societies to further strengthen their scientific ties and enhance collaboration in the battle against cardiovascular diseases, the modern "plague" of humanity which claim globally 17.1 million lives a year.

Bearing that in mind, I express my firm belief that this organization, other than constituting a "bridge" of friendship between Greece and Turkey, will attract the attention of the entire scientific community of both countries and will become a point of reference as to the concept of "science without frontiers".

With my very best regards,

A handwritten signature in black ink, appearing to read "Georgios Parharidis", with a long horizontal flourish underneath.

Professor Georgios Parharidis M.D., FESC, FACC

President of the Board
of the Hellenic Cardiological Society

INVITATION



Dear Colleagues,

It is a great pleasure for us to welcome the Hellenic Cardiological Society in Izmir for the 1st Hellenic- Turkish Cardiology Congress entitled "Cardiology Perspectives 2011". As neighbors of the two sides of the Aegean sea sharing a mutual past, it is of great importance for both Societies to share our experiences, to update and discuss our recent knowledge on diagnosis and treatment of cardiovascular diseases.

We hope the Congress will provide a base for the future, where we will have the opportunity to continue learning about each other and we are confident that our colleagues from each country will make the best use of this opportunity.

We hope to be able to welcome the Hellenic Cardiological Society again in the future and we extend our heartfelt welcome to all of them.

Yours Sincerely



Professor A. Oktay Ergene M.D., FESC, FACC

President of the Board
of the Turkish Cardiological Society

FRIDAY, SEPTEMBER 23, 2011

18.00 – 19.00 REGISTRATIONS

19.00 – 19.15 WELCOME ADDRESSES / OPENING CEREMONY

Professor A. Oktay Ergene (TR)

President of the Turkish Society of Cardiology

Professor Georgios Parharidis (GR)

President of the Hellenic Cardiological Society

19.15 – 21.00 ROUND TABLE “Prevention in Coronary Artery Disease”

Chairpersons: **A. Oktay Ergene (TR)**, **Dimitrios Kremastinos (GR)**

19.15 – 19.30 Treating the Greek patient: is he different?

Dimitrios Richter (GR)

19.30 – 19.45 Treating the Turkish patient: is he different?

Mehdi Zohgi (TR)

19.45 – 20.00 Epidemiology data of cardiovascular diseases in Greece

Genovefa Kolovou (GR)

20.00 – 20.15 Epidemiology data of cardiovascular diseases in Turkey

Ali Rıza Bilge (TR)

20.15 – 20.30 Discussion

20:30 WELCOME COCKTAIL

SATURDAY, SEPTEMBER 24, 2011

08.00 – 09.00 REGISTRATIONS

09.00 – 10.15 ROUND TABLE A “Arterial Hypertension”

Chairpersons: **Vlassios Pyrgakis (GR)**, **Hakan Karpuz (TR)**

09.00 – 09.15 What do reappraisal of hypertension guidelines advise?
İlknur Can (TR)

09.15 – 09.30 Hypertension and dementia: new data
Dimitrios Papadopoulos (GR)

09.30 – 09.45 Treatment of pregnant hypertensive patient
Nihan Kahya Eren (TR)

09.45 – 10.00 Resistant hypertension: new approach
Konstantinos Tsioufis (GR)

10.00 – 10.15 Discussion

10.15 – 10.30 COFFEE BREAK

10.30 – 11.45 ROUND TABLE B “Pulmonary Arterial Hypertension”

Chairpersons: **Sanem Nalbantgil (TR)**, **Georgios Parharidis (GR)**

10.30 – 10.45 Pulmonary arterial hypertension associated with congenital heart disease
Georgios Giannakoulas (GR)

10.45 – 11.00 How to assess PH in the cath lab
Emin Alioğlu (TR)

11.00 – 11.15 Pulmonary arterial hypertension: current evidence in 2011
Stiliani Brilli (GR)

11.15 – 11.30 Treatment algorithms in IPAH
Meral Kayıkçioğlu (TR)

11.30 – 11.45 Discussion

SATURDAY, SEPTEMBER 24, 2011

11.45 – 12.15 COFFEE BREAK

12.15 – 13.30 **ROUND TABLE C “Interventional Cardiology”**

Chairpersons: **Ioannis Kallikazaros (GR)**, **Mustafa Akın (TR)**

12.15 – 12.30 Percutaneous balloon mitral valvuloplasty

Hamza Duygu (TR)

12.30 – 12.45 Mitral valve repair

Antonios Pitsis (GR)

12.45 – 13.00 Atrial septal defect: how to close: our clinical experience

Uğur Kocabaş (TR)

13.00 – 13.15 Percutaneous replacement of the aortic valve

Konstantinos Toutouzas (GR)

13.15 – 13.30 Discussion

13.30 – 14.30 LUNCH BREAK

14.30 – 15.45 **ROUND TABLE D “Arrhythmias”**

Chairpersons: **Uğur Kemal Tezcan (TR)**, **Vassilios Vassilikos (GR)**

14.30 – 14.45 The position of ablation procedures in Greece

Vassilios Vassilikos (GR)

14.45 – 15.00 The position of ablation procedures in Turkey

Hasan Turan (TR)

15.00 – 15.15 Ablation of ventricular tachycardias

Michail Efraimidis (GR)

15.15 – 15.30 Ablation of atrial fibrillation

Sedat Köse (TR)

SATURDAY, SEPTEMBER 24, 2011

15.30 – 15.45 Discussion

15.45 – 16.15 COFFEE BREAK

16.15 – 17.30 **ROUND TABLE E “Established therapeutic options in contemporary treatment of the cardiovascular patient”**
Chairpersons: **Georgios Bombotis (GR)**, **Bahri Akdeniz (TR)**

16.15 – 16.30 Do polemical issues on ARBs cease?
Bariş Nezihi (TR)

16.30 – 16.45 Are all beta - blockers the same?
Dimitrios Richter (GR)

16.45 – 17.00 Do third generation beta-blockers work better in cardiovascular treatment?
Ceyhun Ceyhan (TR)

17.00 – 17.15 The position of calcium antagonists in the design of anti-hypertensive treatment in 2011
Konstantinos Tsioufis (GR)

17.15 – 17.30 Discussion

SATURDAY, SEPTEMBER 24, 2011

17.30 – 18.45 ROUND TABLE F “Contemporary Issues”

Chairperson: **Stefanos Foussas (GR), Ioannis Vlasseros (GR)**

17.30 – 17.45 Antiplatelet treatment: balancing between optimal protection and minimal bleeding risk

Georgios Goumas (GR)

17.45 – 18.00 Pharmacologic cardioversion of atrial fibrillation – Current needs and recent data

Vassilios Vassilikos (GR)

18.00 – 18.15 The benefit of achieving the target of LDL-C in patients with hyperlipidaemia and associated diseases

Dimitrios Richter (GR)

18.15 – 18.45 Discussion – Closing Remarks

HELLENIC FACULTY

Bombotis Georgios

Cardiologist, Vice Director, Department of Cardiology,
General Hospital "PAPAGEORGIOU", Thessalonica, Hellas
E-mail: andre82@otenet.gr

Brili Stilian

Director National Health System (N.H.S.), 1st
Department of Cardiology, Athens University Medical School,
General Hospital "HIPPOCRATION", Athens, Hellas
E-mail: stlbrili@gmail.com

Efremidis Michail

Registrar, 2nd Department of Cardiology, General
Hospital "EVANGELISMOS", Athens, Hellas
E-mail: micbcar@otenet.gr

Foussas Stefanos

Director in-Chief, Department of Cardiology, Piraeus
General Hospital "TZANION", Piraeus, Hellas
E-mail: sfoussas@gmail.com

Giannakoulas Georgios

Lecturer, Cardiology, 1st Department of Cardiology,
Thessalonica University Medical School, University General
Hospital "AHEPA", Thessalonica, Hellas
E-mail: giannak@med.auth.gr, g.giannakoulas@gmail.com

Goumas Georgios

Cardiologist, Vice Director, Department of Cardiology,
General Hospital "EUROCLINIC", Athens, Hellas
E-mail: ggoumasgr@yahoo.gr

Kallikazaros Ioannis

Director in-Chief, State Department of Cardiology,
General Hospital "HIPPOCRATION", Athens, Hellas
E-mail: karddep@hippocratio.gr

Kolovou Genovefa

Cardiologist, Vice Director, 1st Department of
Cardiology & Head of Lipids Dispensary, "ONASSIS CARDIAC
SURGERY CENTER", Athens, Hellas
E-mail: genovefa@kolovou.com

HELLENIC FACULTY

Kremastinos Dimitrios

Professor M.D., PhD., FESC, FACC, Cardiology, Athens University Medical School, President of the Hellenic College of Cardiology, Former President of the Hellenic Cardiological Society, Former Minister of Health, Member of the Hellenic Parliament, Chairman of the Social Affairs Committee of the Hellenic Parliament, Athens, Hellas

E-mail: dimkrem@gmail.com

Papadopoulos Dimitrios

Staff Cardiologist, University Hospital "LAIKON", Athens, Hellas

E-mail: jimpapdoc@yahoo.com

Parharidis Georgios

Professor M.D., FESC, FACC, Cardiology, Director Department of Cardiology, Interbalkan Medical Center, President of the Hellenic Cardiological Society, Thessalonica, Hellas

E-mail: ioanna@interbalkan-hosp.gr

Pitsis Antonios

Director in-Chief, Department of Cardiothoracic Surgery, General Hospital "AGIOS LUKAS", Thessalonica, Hellas

E-mail: apitsis@otenet.gr

Pyrgakis Vlassios

Director in-Chief, Department of Cardiology, General Hospital "G. GENNIMATAS", Athens, Hellas

E-mail: pyrgakis@otenet.gr

Richter Dimitrios

Director in-Chief, Department of Cardiology, General Hospital "EUROCLINIC", Athens, Hellas

E-mail: richter@otenet.gr

Toutouzas Konstantinos

Assistant Professor, Cardiology, 1st Department of Cardiology, Athens University Medical School, General Hospital "HIPPOCRATION", Athens, Hellas

E-mail: ktoutouz@otenet.gr

HELLENIC FACULTY

Tsioufis Konstantinos

Assistant Professor, Cardiology, 1st Department of Cardiology, Athens University Medical School, General Hospital "HIPPOCRATION", Athens, Hellas
E-mail: ktsioufis@hippocratio.gr

Vassilikos Vasilios

Associate Professor, Cardiology, 1st Department of Cardiology, Thessalonica University Medical School, University General Hospital "AHEPA", Thessalonica, Hellas
E-mail: vvassil@med.auth.gr

Vlasseros Ioannis

Registrar, State Department of Cardiology, General Hospital "HIPPOCRATION", Athens, Hellas
E-mail: b19@otenet.gr

TURKISH FACULTY

Akdeniz Bahri

Associate Professor, Cardiology
Dokuz Eylül University Faculty of Medicine
Department of Cardiology
İzmir, Turkey
E-mail: bahri.akdeniz@deu.edu.tr

Akın Mustafa

Professor, Cardiology
Ege University Faculty of Medicine
Department of Cardiology
İzmir, Turkey
E-mail: mustafa.akin@ege.edu.tr

Alioğlu Emin

Associate Professor, Cardiology
Central Hospital
Cardiology Clinic, Bayraklı
İzmir, Turkey
E-mail: eminalioglu@yahoo.com.tr

Bilge Ali Rıza

Cardiologist
Celal Bayar University Medical Faculty
Department of Cardiology
Manisa, Turkey
E-mail: abilge99@yahoo.fr

Can İlknur

Associate Professor, Cardiology
Selçuk University, Meram Faculty of Medicine
Department of Cardiology
Konya, Turkey
E-mail: ilknur1973@gmail.com

Ceyhan Ceyhan

Associate Professor, Cardiology
Adnan Menderes University Faculty of Medicine
Department of Cardiology
Aydın, Turkey
E-mail: ceyhunceyhan@yahoo.com

TURKISH FACULTY

Duygu Hamza

Cardiologist
Atatürk Education & Research Hospital
Chief Resident Department of Cardiology
İzmir, Turkey
E-mail: hamzakard@yahoo.com

Ergene A. Oktay

Professor, M.D., FESC, FACC, Cardiology,
Chief of Cardiology Clinic
Atatürk Education & Research Hospital
2nd Cardiology Clinic
İzmir, Turkey
President of the Turkish Society of Cardiology
E-mail: oktayergene@yahoo.com.tr

Kahya Eren Nihan

Cardiologist
Atatürk Education & Research Hospital
Chief Resident, 2nd Cardiology Clinic
İzmir, Turkey
E-mail: nkahya77@yahoo.com

Karpuz Hakan

Cardiologist
İstanbul University
Cerrahpaşa Medical Faculty
Cardiology Department
İstanbul, Turkey
E-mail: karpuz@istanbul.edu.tr

Kayıkçıoğlu Meral

Associate Professor, Cardiology
Ege University Faculty of Medicine
Department of Cardiology
İzmir, Turkey
E-mail: meral.kayikcioglu@ege.edu.tr

TURKISH FACULTY

Kocabaş Uğur

Cardiologist
Atatürk Education & Research Hospital
2nd Cardiology Clinic
İzmir, Turkey
E-mail: ugurk46@yahoo.com

Köse Sedat

Professor, Cardiology
Gülhane Military Faculty of Medicine
Department of Cardiology
Ankara, Turkey
E-mail: skosegata@yahoo.com

Nalbantgil Sanem

Professor, Cardiology
Ege University Faculty of Medicine
Department of Cardiology
İzmir, Turkey
E-mail: sanemn@hotmail.com

Nezihi Barış

Associate Professor, Cardiology
Dokuz Eylül University Faculty of Medicine
Department of Cardiology
İzmir, Turkey
E-mail: nezihi.baris@deu.edu.tr

Tezcan Uğur Kemal

Professor, Cardiology
Celal Bayar University
Department of Cardiology
Manisa, Turkey
E-mail: ukt@superposta.com

Turan Hasan

Associate Professor, Cardiology
İnönü University Medical Faculty
Turgut Özal Medical Center
Department of Cardiology
Malatya, Turkey
E-mail: drhturhan@yahoo.com

TURKISH FACULTY

Zoghi Mehdi

Professor, Cardiology
Ege University Faculty of Medicine
Department of Cardiology
İzmir, Turkey
E-mail: mehdi_zoghi@hotmail.com

NOTES

GENERAL INFORMATION

CONGRESS DATES

Friday, September 23, 2011
Saturday, September 24, 2011

CONGRESS VENUE

Kaya İzmir, where the Congress will be held, offers the privileges of a five star hotel at a distinguished location embracing both sea and city, to guests travelling for both business and leisure purposes. Kaya İzmir Convention Center aims at being the glowing star of the business world, with a total of 5,500 m2 of Conference & Meetings space. 2.100 m2 of pillarless hall, 14 meeting rooms of various sizes, 1.600 m2 foyer hall and 1.300 m2 of roof with the marvelous view of the Gulf of İzmir are serving Conferences, Meetings and incentives of all kinds. To that end, the latest high technology equipment is listed among the minimum standards that Kaya offers, besides it's unique hospitality.



Kaya İzmir Hotel & Convention Center
İlica Mah. Zeytin Sk. No:112 Narlıdere / İzmir, Turkey
Tel +90 232 238 51 51

Email izmirsales@kayatourism.com.tr

Website http://www.kayatourism.com.tr/en/oteller/kaya_izmir/default.aspx?id=izmir

OFFICIAL LANGUAGE

The official language of the Congress will be English.

SOCIAL EVENTS

Friday, September 23, 2011
19.00-19.15 Opening Ceremony
20.30 Welcome Cocktail, Kaya Hotel & Convention Center

WORKING HOURS OF THE CONGRESS SECRETARIATS

Friday, September 23, 2011 | 18.00-20.30
Saturday, September 24, 2011 | 08.00-13.30 / 14.30-18.45

CONGRESS SECRETARIATS



FİĞÜR
CONGRESS & ORGANIZATION

Ayazmaderesi Cd. Karadut Sk. No:7
34394 Dikilitaş - İstanbul - Türkiye
Tel: + 90 212 381 46 00
Direct: + 90 212 381 46 40
Fax: + 90 212 258 60 78
Gsm: + 90 532 611 26 61
Email: pınarceyhun@figur.net