

# 1<sup>st</sup> Joint Conference

of the

**Hellenic College  
of Pediatrics**



and

**The Royal Society  
of Medicine**



**27-28 May 2011**

Athens, Greece

**Divani Caravel Hotel**

Under the auspices:

**Ministry of Health and Social Solidarity**

In collaboration with:

**University of Athens Medical School**

The conference is accredited with  
Continuous Medical Education credits

## Scientific Programme

Conference Secretariat

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# Invitation

Dear Colleagues,

Amidst a period of major financial discomfort, both in Greece and abroad, and of radical sociopolitical changes in the southern Mediterranean region, advances and developments in Medicine constitute one of the few bright lights of human activity. The quest for ever improving therapies is as crucial as is the need for new and enhanced synergies in all medical fields. It is, therefore, with great pleasure that we announce the organization of the 1<sup>st</sup> Joint Conference of the Hellenic College of Paediatrics and the Royal Society of Medicine, in Athens, May 27-28, 2011.

The meeting not only brings together some of the most renowned experts of Greece and the United Kingdom in the field of Paediatrics; it also combines the Greek and British experience in every day practice. A combination that can prove extremely helpful to the Paediatrician, who can pick the best from both worlds.

The programme of the Conference will deal with all aspects of the physical and mental health growth of children and adolescents in the fields of prevention, diagnosis and treatment. Your contribution to that will be of uttermost importance, since it is only through the exchange and dissemination of knowledge that science in general -and medicine, in particular- is advanced.

Bearing that in mind, we look forward to welcoming you all to -most likely- sunny Athens and to the works of the Conference, which we firmly believe will accumulate new “weapons” to our scientific arsenal. Especially for our British colleagues, this will also be an excellent opportunity to explore the new Acropolis museum, a feast for both visual and mental reflections!

With best wishes

A stylized, handwritten signature in white ink, consisting of a large, sweeping 'G' followed by a series of connected lines that form the rest of the name.

**George P. Chrousos**

President of the Hellenic College of Pediatrics

# General Information

## Conference Date

May, 27-28, 2011

## Conference Venue

**DIVANI CARAVEL HOTEL \*\*\*\*\***

2, Vas. Alexandrou Avenue,

16121 Athens - Greece | Tel.: +30 210 7207000 | Fax: +30 210 7236683

## Official Language

The official languages of the Conference are Greek/English with simultaneous translation.

## Exhibition Hall

The commercial exhibition will be held at the “Athens View” hall of the Divani Caravel Hotel. Access to the exhibition area is free for registered participants. The exhibition will be open on 27 - 28 May 2011, during Conference hours.

## Certificate of Attendance

All registered participants will receive a certificate of attendance with CME credits from the secretariat desk, at the closing session of the Conference.

## Name Badges

Each participant will receive a name badge upon registration. For their convenience participants are requested to wear their badge at all times during the Conference.

## Registration Fee

**Delegates/Trainees/Young internists .....150 €**

**Students ..... Free**

(The above mentioned price includes all legal taxes)

## Registration fee cover:

- Access to the scientific sessions and exhibition
- Meeting material of the Conference
- Welcome Reception (May 27<sup>th</sup> 2011)
- Coffee breaks and light lunches during the Conference

## Conference Secretariat



12 Thessalonikis Street GR 15344 Gerakas, Attiki, Greece

Tel.: +30 210 6048260, Fax: +30 210 6047457

E-mail: mschismenou@free-spirit.gr, Web site: www.free-spirit.gr

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## **Executive Board of the Hellenic College of Pediatrics**

**President** George P. Chrousos

**Vice - President** Maria Theodoridou

**General Secretary** Charalambos Katsardis

**Special Secretary** Sofia Agoritsa

**Cashier** Vasiliki Spoulou

**Members** Antigoni Siamopoulou  
Ioanna Pavlopoulou

## **Scientific Committee**

Maria Theodoridou

Martin Bellman

George P. Chrousos

Evangelia Charmandari

## **Organizing Committee**

Maria Theodoridou

Evangelia Charmandari

George P. Chrousos

# Scientific

**Friday 27<sup>th</sup> May 2011**

**09.00-09.30 Registrations**

Moderators **Maria Theodoridou, Martin Bellman**

09.30-09.45 Welcome address  
**Martin Bellman, Maria Theodoridou**

09.45-10.15 History of Paediatrics and Child Health in the UK  
**Bernard Valman**

10.15-10.45 Obesity among Greek children: Lessons from a longitudinal study  
**Chryssa Bakoula**

**10.45-11.15 Coffee break**

Moderators **Helen Spoudeas, Evangelia Charmandari**

11.15-11.45 Growth and the hypothalamo-pituitary axis  
**Mehul Dattani**

11.45-12.15 Precocious puberty  
**Evangelia Charmandari**

12.15-12.45 New developments in management of type 1 diabetes  
**Carlo Acerini**

**12.45-14.00 Light Lunch**

Moderators **Giannis Tsiantis, Gerasimos Kolaitis**

14.00-14.30 Eating disorders  
**Gail Moss**

14.30-15.00 Paediatric somatic symptoms of special interest for the Child Psychiatrist  
**Gerasimos Kolaitis**

15.00- 15.30 Early management of young children with behavioural problems  
**Panagiota Pervanidou**

**15.30-16.00 Tea break**

**16.00-17.30 Transfer to Aghia Sophia Children's Hospital, Athens, for a visit to the new Oncology Unit**

Moderators **Voula Kostaridou, Charalambos Katsaridis**

17.30-18.00 Corticosteroids in respiratory disease  
**Athanasios Kaditis**

18.00-18.30 Tuberculosis infection in Greek children  
**Despina Lazopoulou**

18.30-19.00 Thrombocytopenia in infants and children  
**Maria Moschovi**

**20:00 Welcome Reception**

# Programme

## Saturday 28<sup>th</sup> May 2011

Moderators	<b>Andrew Pollard, Vassiliki Syriopoulou</b>
09.20-09.50	Vaccines for meningitis <b>Andrew Pollard</b>
09.50-10.10	Vaccine policy in Greece <b>Vana Spoulou</b>
10.10-10.30	Common problems in Paediatric and Adolescent Gynaecology <b>Flora Bacopoulou</b>
10.30-11.00	HPV vaccines: efficacy and effectiveness <b>Margaret Stanley</b>

### 11.00-11.30 **Coffee break**

Moderators	<b>Martin Bellman, Christos Kattamis</b>
11.30-12.00	Bone marrow transplantation in thalassemia <b>Stelios Graphakos</b>
12.00-12.30	Thirty-five centuries of medical education in Greece <b>Christos Bartsocas</b>
12.30-13.00	The future of paediatrics and child health <b>Terence Stephenson</b>
13.00-13.15	Closing remarks

### 13.15-17.00 **Break - Light Lunch**

Moderators	<b>Vassiliki Syriopoulou, Sofia Agoritsa</b>
17.00-17.30	New trends of pneumococcal infections. Objectives and expectations <b>Maria Theodoridou</b>
17.30-18.00	Niemann Pick Type C disease: from clinical suspicion to diagnosis <b>Artemis Gika</b>

**The next event scheduled on the Board is to be held  
on November 18-20, at Portaria**



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## Βλεννολυστικό, αποχρεμπτικό, βλεννορρυθμιστικό

**Αντενδείξεις:** Υπερευαίσθησια στην αμφοβόλη ή στο άλλα συστατικά του προϊόντος. Να μη χορηγείται κατά τη διάρκεια της κύησης και της γαλουχίας. Αντενδείκνυται σε ιδιαίτερες περιπτώσεις κληρονομικών καταστάσεων, στις οποίες ο ασθενής μπορεί να εμφανίσει ασυμβατότητα με κάποιο από τα εκδόχα του προϊόντος. **Παιτρικές προειδοώσεις & Μητρικές προειδοώσεις κατά τη χρήση:** Κατά τη χρήση του φαρμάκου μπορεί να προκληθεί αύξηση του όγκου των ρευστοποιημένων βρογχικών εκκρίσεων και να δεν απαρκούν με βήχα κατά προτίμητο να διασπείνεται ο ασθενής ώστε να παραμείνει ανοικτή η αναπνευστική οδός. Τα σιρόπια 30 mg / 5 ml και 15 mg / 5 ml περιέχουν σορβιτόλη. Ασθενείς με σπάνια κληρονομηθείσα δυσανεμία στη φρουκτόζη δεν θα πρέπει να λαμβάνουν το φάρμακο. Μπορεί επίσης να έχει ήπια καθαρτική δράση. Έχουν αναφερθεί σπάνιες περιπτώσεις σοβαρών αλλοιώσεων του δέρματος όπως σύνδρομο Steven Johnson και σύνδρομο του Lyell με χρονική συσχέτιση με τη χρήση βλεννολυστικών ουσιών όπως η αμφοβόλη. Οι περισσότερες περιπτώσεις μπορούν να εξηγηθούν από τη σοβαρότητα άλλων υποκείμενων ασθενειών ή συγχρονισμένες φαρμακτικές αλληλεπιδράσεις. Επί εμφανιστών νέων αλλοιώσεων του δέρματος ή των βλεννογόνων, θα πρέπει να ζητηθεί αμέσως ιατρική συμβουλή και ως προφύλαξη να διακοπεί η αγωγή με αμφοβόλη. **Αντενδείκνυται ενήλικες:** Μπορεί να εμφανισθούν συμπτώματα από το γαστρεντερικό (ναύση, έμετος, κοιλιακό, δυσπεψία, διάρροια) που κατά κύριο λόγο είναι ελαφρούς μορφής. Με τη διακοπή της θεραπείας παρεχόμενα. Επίσης μπορεί να εμφανισθούν εξάνθημα, κνίδωση, αγγειοοίδημα, αναφυλακτικές αντιδράσεις (παραλαβόμενα και αναφυλακτικά σοκ) και άλλες αλλεργικές αντιδράσεις. **Ημερομηνία ανανέωσης του κειμένου:** 17-10-2006



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ΓΡΑΦΕΙΟ ΜΑΚΕΔΟΝΙΑΣ ΒΡΑΧΗΣ: ΑΝΤΩΝΗ ΤΡΙΤΣΗ 15-17 & ΜΑΡΙΑΣ ΚΑΛΛΑΣ 6, 57001 ΘΕΡΜΗ, ΘΕΣΣΑΛΟΝΙΚΗ, ΤΗΛ.: 2310 424618



# Faculty

## **Acerini Carlo**

Senior Lecturer and Consultant Paediatrician, University of Cambridge, Department of Paediatrics, Addenbrooke's Hospital, United Kingdom

## **Agoritsa Sofia**

Director of Paediatric Clinic, General Hospital of Trikala, Greece

## **Bacopoulou Flora**

MD, IFEPAG, PhD, Paediatrician in Adolescent Medicine, Centre for Adolescent Medicine, 1<sup>st</sup> Department of Paediatrics, University of Athens Medical School, "Aghia Sophia" Children's Hospital, Athens, Greece

## **Bakoula Chryssa**

MD, PhD, Professor of Child Health, 1<sup>st</sup> Department of Paediatrics, University of Athens Medical School, "Aghia Sophia" Children's Hospital, Athens, Greece

## **Bartsocas Christos**

MD, Emeritus Professor of Paediatrics, Scientific Director, "MITERA Children's Hospital", Athens, Greece

## **Bellman Martin**

President, Section of Paediatrics and Child Health, Royal Society of Medicine, United Kingdom

## **Charmandari Evangelia**

MD, MRCP(UK), MSc, PhD, CCST(UK), Associate Professor of Paediatric and Adolescent Endocrinology, University of Athens Medical School, "Aghia Sophia" Children's Hospital, Athens, Greece

## **Dattani Mehul**

Professor, Clinical and Academic Lead in Endocrinology, Developmental Endocrinology Research Group, Clinical and Molecular Genetics Unit, UCL Institute of Child Health, London, United Kingdom

## **Gika Artemis**

MD, MSc, PhD, MRCPCH, CCT(UK), Consultant Paediatric Neurologist, Academic Associate, 1<sup>st</sup> Department of Paediatrics, University of Athens Medical School, "Aghia Sophia" Children's Hospital, Athens, Greece

## **Graphakos Stelios**

Consultant in Paediatric Haematology Director BMT Unit, "Aghia Sophia" Children's Hospital, Athens, Greece

## **Kaditis Athanasios**

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## **Katsardis Charalambos**

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## **Kolaitis Gerasimos**

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## **Lazopoulou Despina**

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**Moschovi Maria**

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**Moss Gail**

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**Pervanidou Panagiota**

MD, Developmental and Behavioral Paediatrician Head, Unit of Developmental and Behavioral Paediatrics, 1<sup>st</sup> Department of Paediatrics, University of Athens Medical School, "Aghia Sophia" Children's Hospital, Athens, Greece

**Pollard Andrew**

Professor of Paediatric Infection & Immunity, Fellow of St Cross College, Jenner Investigator, James Martin Senior Fellow, Director, Oxford Vaccine Group, Department of Paediatrics, University of Oxford, Children's Hospital, Oxford, United Kingdom

**Spoudeas Helen**

Consultant Honorary Senior Lecturer in Paediatric/Adolescent Neuroendocrinology at University College and Great Ormond Street Hospitals, United Kingdom

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**Stanley Margaret**

Professor, OBE FMedSci FRCOG, Department of Pathology, University of Cambridge, United Kingdom

**Stephenson Terence**

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**Syriopoulou Vassiliki**

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**Theodoridou Maria**

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**Tsiantis Ioannis**

MD, DPM, FRC Psych, Professor of Child Psychiatry, Scientific Director of the Association for the Psychosocial Health of Children & Adolescents (A.P.H.C.A.) Psychoanalytic Psychotherapist, Chairman of the European Union of Medical Specialists (UEMS), Section of Child & Adolescent Psychiatry, Athens, Greece

**Valman Bernard**

Former Archivist, Royal College of Paediatrics and Child Health, United Kingdom



# Niemann-Pick τύπου C:

Δράστε τώρα, πριν χαθούν όλα

